## Free Baby & Toddler Care Classes

Wednesdays and Fridays at 1:00 at Pecan Ridge

## Join us at Pecan Ridge, 2210 West 15th Street, for classes on Wednesdays and Fridays!





Earn "Baby Bucks" every class to spend at the Baby Boutique located inside 1st Choice Pregnancy Center!

Receive a **NEW CAR SEAT** after the completion (6 classes) of Baby Care!

Receive a NEW HIGHCHAIR BOOSTER SEAT after the completion (6 classses) of Toddler Care!

Receive a "Goody Bag" at each class full of baby items!

## Baby Care Class every Wednesday at 1:00 / Toddler Care Class every Friday at 1:00

<u>Baby Care</u>: Brush up on your infant care skills before your little one arrives or learn more about how to care for your baby. This class covers the physical, mental, and emotional needs of a newborn.

<u>Toddler Care</u>: For parents of children under 3 to help you and your child in many different areas of your lives as your relationship grows. This class covers play & milestones, raising emotionally healthy children, discipline, health and safety, potty training, and nutrition.

## Classes are being presented by 1st Choice Pregnancy Resource Center







Free Highchair Booster Seat after the completion of Toddler Care!

Free Car Seat after the completion of Baby Care!

Feel free to call 1st Choice PRC if you have any questions:

903-792-5735